

Your Consultation Package



Transition
Doula Collective



www.transitiondoulas.ca

A photograph of two women, one with blonde hair and one with dark hair, smiling and talking to each other. The text "Our 'Team Work' Model" is overlaid in a white, cursive font on the right side of the image.

Our "Team Work" Model

Team work makes the dream work!

For eight years, until end of 2023, we worked together as a shared-care team; sharing all of our clients and using a rotating on-call schedule. Since then, life's demands have changed and we have pivoted to offer a different style of support! We have shifted our model of care with Kayla now acting as primary Doula and Erin as relief/back-up Doula. This means that Kayla will be your main point of contact and will be the doula who you communicate with and who will plan to attend your birth.

Birth is unpredictable and can be longer than anticipated. In this situation, Kayla can call on Erin for relief so she can take a break. Erin will have access to your file, any notes I've taken, and your birth preferences. If you are taking our Birth Prep Workshop, you will spend quality time with both of us. Each of us has an amazing variety of training and certifications which complement our support role and we support our clients with a very similar style and approach.

Our Philosophy

We believe in providing inclusive, compassionate, non-judgmental, and evidence-based support to help you to have the most empowered birthing experience possible. Creating a safe space for our families to build community and connection is integral to thriving as new parents. We know that birth is a mystery and we want to help prepare you to harness that power, rather than fear it. Every parent (regardless of their ethnicity, sexual orientation, spiritual beliefs, or socioeconomic status) deserves to fully understand their options and feel completely supported in whatever they choose. There is no right or wrong way to birth your baby. We support you in whatever path unfolds and help you feel safe, supported, and heard regardless of how or where your baby is born. We believe birth is a sacred and transformative journey and that transitional support into parenthood is crucial to thriving. A “healthy baby” is important but is not all that matters. The memory, experience, and feelings surrounding your birth sets the stage for your transition into parenthood.





The Birthing Again Package

Are you already a Birth Warrior? Have you birthed before and are feeling confident with your prenatal education level and the wisdom that you've gained from your previous birthing experience(s)? Are you wanting to simply focus on birth support on your big day?

Investment: \$750 (payment plans are flexible)

[Click here for details](#)

The Birth Warrior Package

This package is designed for first-time parents or parents who have given birth before and want to strength their foundation of prenatal education, pain-coping skills, and partner support skills.

Investment: \$995 (payment plans are flexible)

[Click here for details](#)



The Huntress's Package

Do you want the most a doula has to offer? Then this package is best suited to you!

Investment: \$1100 (payment plans are flexible)

[Click here for details](#)

